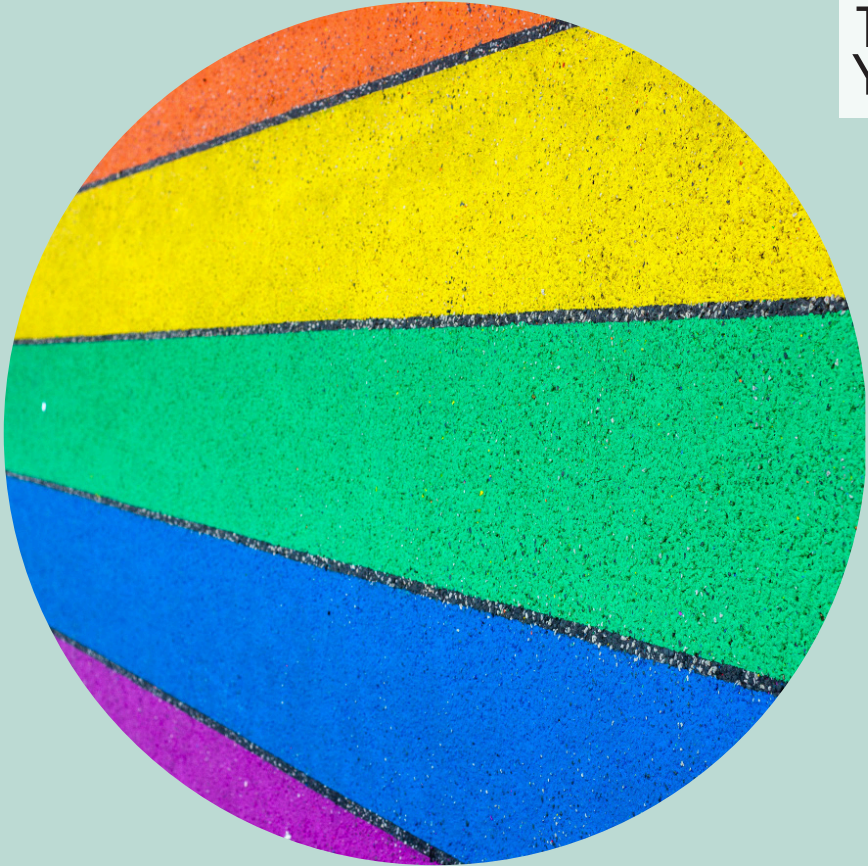


CITY  
YOGA



# WORLD YOGA DAY

DI, 21. JUNI 2022

7-21 UHR

Gratis Yoga • Soulfood & Drinks von Hathi, Kuchen von Ginko •  
Livemusik • Special Offers • Gewinnspiel

[www.cityyoga.at](http://www.cityyoga.at)

# PROGRAMM

Come in  
and stay!

Gratis Yoga • Soulfood & Drinks von Hathi, Kuchen von Ginko •  
Livemusik • Special Offers • Gewinnspiel

PRANAYAMA	LOTUS	OUTDOOR	
<b>7-8</b> GOOD MORNING Magda			
<b>9-9:45</b> SUNRISE Alexandra	<b>9-9:45</b> PRANAYAMA YOGA Nika	<b>9:30-10:15</b> YOGA Johanna	
<b>PAUSE</b>	<b>PLAUDERN</b>	<b>GENIESSEN</b>	
<b>10:30-11:15</b> YOGA KENNT KEIN ALTER Alexandra	<b>10:30-11:15</b> YOGA Johanna	<b>10:30-11:15</b> YOGA Julia	
<b>11:30-12:15</b> YOGA	<b>11:30-12:15</b> STABILITY Magda	<b>12:00-13:30</b> LIVEMUSIK SOUND DANCE	
<b>12:30-13:15</b> ANTI STRESS YOGA Nika	<b>12:30-13:15</b> YOGA		
	<b>14-14:45</b> HANDSTAND Nina	<b>ab 14</b> LIVEMUSIK DUO WALTERSDORFER	
<b>14:45-15:30</b> SINGEN Lenka	<b>15-15:25</b> ATMEN/DREHEN Jasmin S	<b>15-15:45</b> YOGA Nina	
<b>16-16:45</b> YIN YOGA Marion		<b>16</b> FLASHMOB Lenka	<b>16</b> KIDS ACRO YOGA Alexandra
<b>17-17:45</b> YOGA Jasmin	<b>16:45-17:30</b> YOGA + SINGEN Angelika / Lenka	<b>16:45-17:30</b> YOGA Nina	
<b>PAUSE</b>	<b>PLAUDERN</b>	<b>GENIESSEN</b>	
<b>18-18:45</b> FORREST YOGA Stephanie		<b>17:30</b> GEWINNSPIEL VERLOSUNG	
<b>19-19:45</b> LUNA YOGA Maria	<b>19:30-20:45</b> POWER & BALANCE David	<b>19-19:45</b> YOGA Lilly	
<b>20-21</b> GONG BAD Jakob		<b>19:45-20:15</b> YOGA Lilly	